

BOWLS PRACTICE LAYOUT #2



6/ DRAW 2 BOWLS TO EACH JACK WHILE STAYING IN BOUNDS



5/ DRAW 4 BOWLS BETWEEN THE OBSTACLES AND FINISHING WITHIN 2 METRES OF THE DITCH



4/ PRACTISE 4 TRAIL SHOTS OF THE JACK INTO THE DITCH FOREHAND



3/ DRAW 1 BOWL EACH TO THE JACKS ALTERNATING BETWEEN FOREHAND AND BACKHAND



2/ DRAW 2 BOWLS TO THE SHORT JACK AND 2 TO THE LONG JACK WITH THE FOREHAND



1/ DRAW 4 BOWLS TO THE LONG JACK WITH THE BACKHAND